# 2-1-1 Community Resources

The following links highlight resources available during the COVID-19 outbreak. Please search through the 2-1-1 San Diego Resource Database for additional resources.

### **Food Resources**

- <u>School meal distribution sites</u>
- Home-delivered meal services
- Emergency food resources
- Grocery stores opening early for seniors & immuno-compromised individuals
- <u>Commercial food resources</u>
- Other Food Resources

### **Utility Resources**

- San Diego Gas and Electric Utility Assistance and Discount Programs
- Other utility payment services
- Internet services
- Students in need of computers

### Housing

- Resources and information on eviction moratoriums
- Housing and Shelter Information

# Financial, Income & Employment Resources

- Emergency funds set up to support specific industries or populations
- Unemployment, Disability, or Paid Family Leave Benefits
- <u>Resources for businesses and employees</u>

#### Childcare

• Childcare referral line

# Healthcare

- Contact your healthcare provider if you think you have COVID-19 symptoms
- Covered California has extended open enrollment to apply for health insurance
- Prescription Delivery Services

# **Public Benefits**

- <u>Apply online, GetCalfresh.org</u>
- Apply over the phone with 2-1-1 San Diego
- Expensify.org is supporting CalFresh recipients by reimbursing up to \$50 in groceries per family when they use their EBT card to make a purchase
- Mas Fresco nutrition incentive program for CalFresh recipients
- Apply for other public benefits

#### Material Goods and Personal Hygiene

- Diaper bank locations
- Handwashing stations and portable restrooms in San Diego County

#### Transportation

• Free transportation services for essential needs

#### Mental Health

- <u>Access and Crisis Line</u>
- Disaster Distress Hotlines
- Chaplain Services
- Mental Health Resources

#### **Military and Veterans**

- San Diego County Military and Veterans Resource Page
- FAQs from the Department of Veteran Affairs around healthcare, appointments, benefit claims, and more.
- <u>Specialized military/veteran hotlines</u>
- Information and support for military caregivers

#### **Criminal Justice/Legal**

- Complaints about COVID-19 specific scams or concerns
- Legal Aid Society of San Diego
- San Diego Volunteer Lawyer Program

#### **Volunteer Opportunities**

- JustServe.org
- Health care volunteers needed

#### Donations

- <u>COVID-19 response: hotels/motels interest form</u>
- Donate Personal Protective Equipment (PPE) and medical supplies
- Donate blood to San Diego Blood Bank
- Donate to community organizations

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